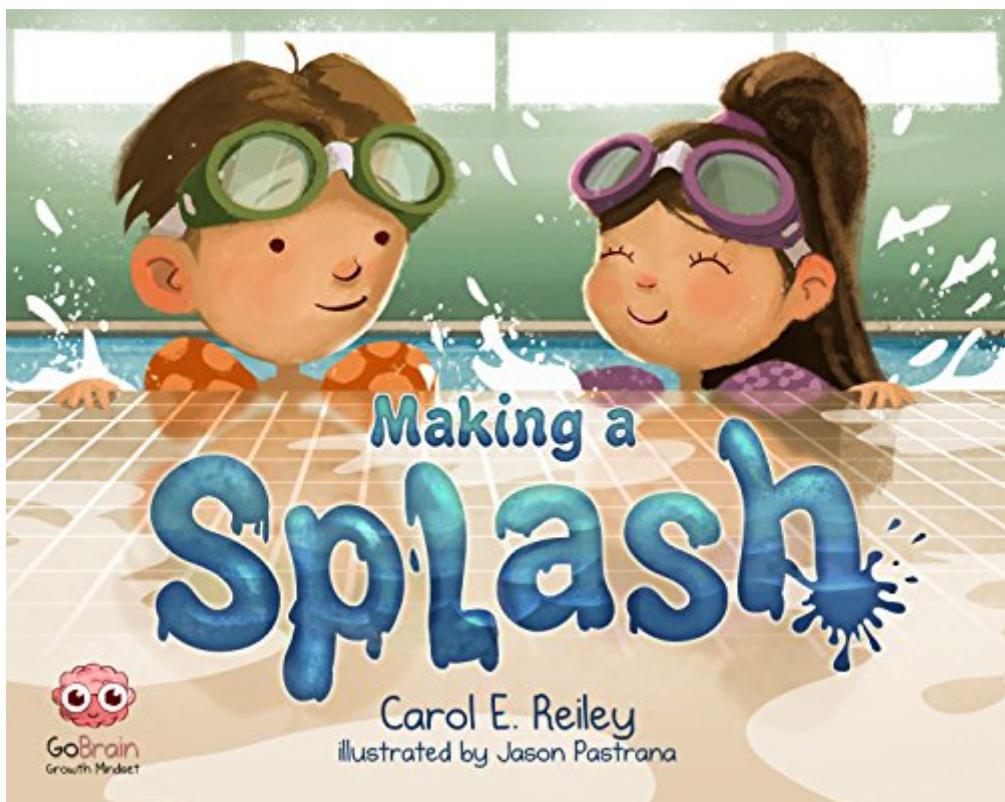


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Making A Splash: A Growth Mindset Children's Book - Gobrain.com To Buy The Book



Synopsis

This book advocates the growth mindset philosophy that says intelligence is malleable and can be developed through dedication and hard work, as opposed to the belief you're born with a fixed amount of smarts. The illustrated pages tell the story of two siblings, Lisa and Johnny, and how they differ in their attitudes toward learning. The takeaway: It's not how smart you are; it's how smart you can become if you push yourself. Take that, trophy generation.

Book Information

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Customer Reviews

Siblings Lisa and Johnny are both learning to swim. For Johnny it comes naturally and he doesn't have to work at it. Lisa has a more difficult time and becomes negative - Swimming is too hard, I CAN'T do this. Her coach teaches her the power of yet. You can't do this YET. When you practice hard, things get easier. That's how we learn. Johnny takes the attitude that swimming is easy and he doesn't have to work at it. His thinking is - you've either got it or you don't. He doesn't challenge himself and decides it's silly to want to try anything harder - which puts him on the road to a fixed mindset. Lisa wants to get better so she chooses to take on challenges which are much harder - a growth mindset. Each of their decisions on how hard they worked impacts a day at the beach.

Johnny is not able to go into the ocean but because Lisa worked so hard learning to swim she is able to go in no problem. Could this be any more perfect for the start of the school year?! This is also the first picture book I have come across using the Growth Mindset model and language. It's so easy for children to just give up on something like Lisa did in the story. Negative self-talk and comparing yourself to others does a real number on confidence. I hope to use this awesome resource to help those kids this year. If you are a teacher, parent, school counselor or someone who wants to teach kids about the power behind Growth Mindset - use this great story. It has life long lessons that kids can apply immediately and you can reinforce. Yes for Growth Mindset!!!

Excellent book! I would highly recommend it to anyone with children. My daughter is 4 years old and was terrified to go swimming without her "swimmies", so I was especially excited to read this book to her. After reading this book to my kids every night for a week before bedtime, I started to see a change in her mindset. A couple days later we went swimming and the first thing she said to me was "Dad, I don't want to swim with my swimmies. I want to be like Lisa, and try something hard". She now walks around the house telling her little brother "bro, if you work hard and practice you can do anything." Well done Carol!

As opposed to the instant gratification and give up attitude that is currently in trend. This book teaches children to value the struggle of learning. That learning naturally involves some struggle and if viewed in the proper perspective and attitude the struggle is seen as an enjoyable part of the process. Help set a young child's mindset and help them succeed in life. Buy this book and read it with them.

This book is such a great idea and is backed by real research! The characters are beautifully drawn and the quality of the hardcover is durable and is great for kids. I got two copies and gave one away as a gift to share the "growth mindset" for my friend's daughter who just started reading.

What a wonderful book! I purchased a copy for my sister's family as they have children that could really benefit from the lesson in this book. My 15 month old daughter loves flipping through the pages and carrying the book around with her. I read it out loud to her and really benefit from the story myself. I'm glad to be exposed to this mindset so that I can raise my daughter knowing that it's ok not to be good at everything... YET

This is the first book that I have seen that addresses the concept of growth mindset in a child friendly format. I teach first grade English language learners, a group for whom explicit instruction in the concept of growth mindset is especially important. This book covers three principles of growth mindset: doing hard things makes you smarter; when confronting difficulties it is important to try new strategies rather than giving up; and making mistakes is a good thing because it indicates that you are trying something difficult and you learn from fixing your mistakes. It does so by telling a story of a brother and sister learning to swim. One of them takes to it easily, while the other has to struggle. The book also includes information for parents and teachers on growth mindset and its importance in increasing intelligence.

The story is relatable for my 7 year old and has a cute little "brain guy" in each picture as a cheerleader for the concepts. It's a great way to make growth mindset accessible and fun for kids. Now when my son is trying something difficult at the playground or with schoolwork, he reminds me about his brain lifting weights and getting stronger, just like the little brain in the story! It puts a positive spin on the process. I am a former 1st grade teacher and I would definitely read this to my students more than once! I am so glad I have this book for my family as we start a new school year with new challenges ahead.

This book is a must have for every student library, I've recommended it to every teacher I know! I've had parents buy it for grandparents to help them understand the change in the way they speak to their children. Kids love the pictures & I enjoy looking for what the little brain will say on the next page. The author is wonderful and responsive if you email their gobrain webpage. :) Get yours now!

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